

the  
**healy**  
effect



# the healy effect

FREQUENCIES,  
CONSCIOUSNESS *and the*  
INFORMATION FIELD

by

Marcus Schmieke



# **What if ... reality is shaped not only by chemistry and matter, but also by resonance, coherence, and information?**

In this book, Marcus Schmieke – researcher, philosopher, and creator of Healy – shares his vision of how frequencies can serve as a subtle language between body, mind, and consciousness. Drawing on decades of exploration in science, philosophy, and consciousness studies, The Healy Effect introduces the idea of the Information Field as an invisible matrix that connects life and meaning.

This is not a manual for a device, but a journey into a new paradigm. It is an invitation to experience coherence as our original state, to see frequency as dialogue rather than mechanism, and to rediscover the deeper order that underlies our personal and collective existence.

© 2025 Marcus Schmieke. All rights reserved.

Published by Vasati Verlag. First Edition, 2025.

Healy® is a registered trademark of Healy International GmbH. TimeWaver® is a registered trademark of Marcus Schmieke and Christian Halper. This publication represents the independent scientific and personal reflections of the author, Marcus Schmieke. It is not an official communication of or endorsed by Healy International GmbH. No medical claims are made or intended.

Printed via Amazon KDP Print-on-Demand.

ISBN 978-3-937238-84-5 (Hardcover, KDP), ISBN 978-3-937238-75-3 (eBook)

## DEDICATION

**To my beloved wife,  
Katarina.**

Your love, patience, and unwavering presence have been the silent foundation beneath every step of this journey.

This book, like our shared life, is offered as a service to higher purpose, and I know it could never have come into being without your strength and your heart beside mine.

# Table of Content

<b>Foreword</b>	<b>11</b>
<b>Part 1: The Story of Healy</b>	
1. Searching for Coherence – My Early Years	15
2. Burkhard Heim – A Turning Point in Scientific Understanding	19
3. From Vision to Application – The Emergence of TimeWaver and Healy	27
4. What Is Healy and What Can It Do?	33
5. The Five Dimensions of Healy Technology	39
6. Frequency-Specific Microcurrent (FSM) and the MagHealy	45
<b>Part 2: Physiological Models and Studies</b>	
7. Microcurrent and the Cellular Membrane Potential – A Bioelectrical Model	49
8. Biological Coherence and the Role of Frequencies in Systemic Regulation	55
9. Energetic Signaling in Cell Biology – A Foundation for Frequency-Based Modulation	59
10. Energetic Coherence and Informational Regulation – A Physiological Model for Healy's Effects	65
11. Quantum Coherence in Water – The Informational Medium of Life	71
12. The Role of the Connective Tissue Matrix as a Vibrational Interface	77
13. From Tiller's Intention Imprinted Devices to Dynamic Coherence Technologies	81
14. From Noise to Order – Harnessing Quantum Fluctuations for Coherence	87

15. The Future of Healy – A Bioelectrical Communication System	93
16. Studies and Research	99
<b>Part 3: The Information Field</b>	
17. The Information Field – Dimensions Beyond Matter	111
18. The Role of Intention in Information Field Applications	121
19. The Quantum Magic of the Resonance Sensor	125
20. The Information Field as a Mirror of Consciousness	131
21. The Dimensions of Reality – Burkhard Heim and the Foundations of Field-Based Coherence	135
22. Theoretical Frameworks Beyond Heim – Expanding the Landscape of Energy and Information	139
23. Frequencies as a Language of the Information Field II	145
<b>Part 4: Experiences and Applications</b>	
24. Healy in Everyday Life – Resonance as a Living Practice	151
25. Frequency as Dialogue – Coaching, Intuition, and Subtle Transformation	157
26. Practical Use – Series, Cycles, and User Protocols	161
27. Integration into Holistic Lifestyles – Healy in the Rhythm of Everyday Life	165
28. Electromagnetic Sensitivity and Bio-Individuality – Why Frequencies Work Differently for Everyone	169
29. Healy and the Ethics of Frequency Work	175
<b>Part 5: Vision and Future</b>	
30. Resonance, Intelligence, and the Evolution of Frequency Systems	179
31. Healy and the Future of Health Culture	183
32. Artificial Intelligence and the Future of Resonance	187
33. The Culture of Resonance: Healy, Global Consciousness, and the Emerging Network of Coherence	191

34. Frequencies for the Soul – Healy and the Expansion of Consciousness	195
35. A New Frequency for Humanity	199
36. Healy and My Vision of the Future	201
<b>Glossary</b>	<b>203</b>
<b>Scientific References</b>	<b>207</b>
<b>About the Author</b>	<b>215</b>
Veden-Akademie	216
Vasati-Verlag	217

## DISCLAIMER

The content presented in this book is intended solely for informational, educational, and personal development purposes. It does not constitute medical advice and is not intended to replace consultation with qualified healthcare professionals. If you have a medical condition or health concern, always seek the advice of your physician or other licensed health provider.

Healy® and TimeWaver® systems are designed to support general wellness, energetic balance, and personal wellbeing. They are not intended to diagnose, treat, cure, or prevent any medical condition. Use of these products should be seen as complementary and supportive, not as a substitute for medical care or therapy.

The theoretical concepts presented in this book—including the Information Field, scalar and electromagnetic communication, resonance-based coherence models, bio-energetic regulation, and multidimensional frameworks such as the work of Burkhard Heim—are not currently accepted as part of established scientific or medical consensus. These frameworks are used to describe a broader philosophical context for the technologies and user experiences discussed, and they should not be interpreted as validated scientific models.

Descriptions of studies, observational feedback, and research included in this publication are based on internal company evaluations, anecdotal reports, and non-clinical investigations. These findings are intended to inspire further exploration of integrative approaches to wellbeing

and should not be interpreted as scientific proof of effectiveness or clinical validation.

Use of Healy and TimeWaver systems is at the user's own discretion and responsibility. The information in this book is presented in good faith and has been reviewed with care to align with relevant communication and advertising standards in international English-speaking regions, including the United States, Canada, the United Kingdom, and Australia. Nonetheless, local laws and regulatory interpretations may vary, and readers are encouraged to refer to product documentation and local guidelines in their respective countries. These systems should only be used in accordance with their respective Instructions for Use, and nothing in this book is intended to indicate otherwise.

# Foreword

There are moments in life when everything changes—not because something new is discovered, but because something we have always known, somewhere deep within us, becomes visible.

The journey that led to the creation of Healy was not one of sudden invention. It was, and still is, a journey of integration—a synthesis of science and consciousness, of physics and philosophy, of technology and meaning. For decades, I have searched for bridges between these domains. I studied quantum physics and philosophy not because I wanted to know how the world works, but because I longed to understand why it is the way it is.

What I discovered along this path was that the human body, mind, and spirit may be viewed not as separate systems, but as interconnected facets of a dynamic Informational Field—an interpretive framework found in various scientific and philosophical traditions. Within this perspective, health is seen not simply as the absence of symptoms, but as a state of coherence and alignment within this broader field of life-related information.

When I developed TimeWaver, it was with the intention of offering a professional system to explore and interact with what some theoretical models describe as the Information Field. This perspective opened doors to insights that conventional methods could not always provide—such as patterns of energetic imbalance, emotional

themes, and frequencies that seemed to resonate with an individual's personal state.

It became increasingly clear that this form of interaction—subtle, non-invasive, and based on resonance—should not remain confined to professional use. It needed to become accessible. It had to move beyond the clinic and into the hands of individuals seeking to support their own energetic balance in everyday life.

Healy may be understood as a communication tool—between body and information, between physical structures and subtle patterns of coherence. It does not apply frequencies to force change, but rather to offer support. Frequencies, in this view, are not merely electromagnetic impulses; they are representations of information—resonant signals intended to reflect and reinforce the system's innate capacity for self-regulation.

The Information Field, as understood in emerging models of integrated science, represents a subtle layer of organization that may underlie physical phenomena. While this remains a theoretical concept, it provides a framework that inspires our work: the vision that well-being arises not only from physical conditions, but also from alignment with the deeper structures of coherence.

You are about to enter a field of thought that transcends categories. This book will guide you through the origins of Healy, the technologies that make it unique, the science that supports it, and the lived experiences of those who use it. It will explain how Healy works—not just technically, but as an expression of a deeper philosophy. It will introduce you to Burkhard Heim's multidimensional field theory, to the principles of bioelectric communication, to microcurrent applications, scalar potentials, and quantum informational resonance.

But more than anything, I hope it will invite you to ask your own questions. Because Healy is not a final answer. It is an opening. A possibility. A reminder that life is not made of parts, but is a whole—and that harmony is not something we impose, but something we remember.

This is my story. It is also the story of hundreds of thousands of people who have experienced coherence in new ways through frequency. And now, it may become part of your story as well.

**Marcus Schmiede**  
**Kränzlin, Germany**  
**2025**





**PART 1:  
THE STORY  
OF HEALY**

CHAPTER 1

# Searching for Coherence – My Early Years

From my earliest memories, I have been driven by an insatiable curiosity. As a child, I was always asking questions—often the kind that made adults uncomfortable. I wanted to understand the invisible threads that connect things: Why does the world work the way it does? What lies behind the surface of physical form? Where does thought come from? And above all, what is the purpose of life?

These questions did not fade with time. Instead, they deepened and became more precise. My formal education began in the natural sciences. Physics, with its elegance and precision, fascinated me. I was drawn to its capacity to describe the universe in numbers, in formulas

that unfolded the laws of motion, energy, and matter. But even as I studied classical mechanics and quantum theory, I sensed a limit. The equations were powerful, yet they felt incomplete.

Physics explained how, but not why. It described interactions, but not meaning. I began to notice a disconnect between the scientific worldview and the inner reality I experienced through meditation, intuition, and self-inquiry. Science divided the world into parts. But my own inner experiences suggested that life is whole, connected, and informed by something deeper—an invisible order beneath the surface.

This insight led me to explore the spiritual traditions of the East. I traveled to India and immersed myself in the Vedic sciences, yoga philosophy, and meditation. I lived in ashrams, studied ancient texts, and practiced meditation for long periods. These experiences opened a new dimension of understanding. The Vedas spoke of the world as vibration—Nada Brahma, the world is sound. The universe was not a machine, but a symphony of frequencies, a dance of consciousness.

This perspective resonated deeply with me. I began to see the parallels between the quantum worldview and ancient spiritual insights. Both pointed to the interconnectedness of all things. Both acknowledged the observer's role in shaping reality. Both suggested that the material world arises from deeper, subtler dimensions—dimensions that carry information, intention, and resonance.

It was also during this time that I encountered early works in the field of bioenergetics and frequency-based medicine. Research into cellular voltage, electromagnetic signaling, and resonance-based applications pointed to

a new paradigm: the body as an information processor, governed not only by biochemistry but also by frequency codes. I studied the pioneering work of researchers like Robert Becker, who showed that electric fields play a role in tissue regeneration (Becker & Selden, 1985), and Fritz-Albert Popp, who explored the role of biophotons in cellular communication (Popp, 1992; Popp, 1994).

Returning to Europe, I was determined to build a bridge between these two worlds: the scientific and the spiritual. My goal was to find a unifying model—a way to understand life not just in terms of atoms and molecules, but in terms of information, frequency, and meaning. It became increasingly clear to me that frequency was more than a physical property—it was a language, a carrier of information, and perhaps the key to coherence.

This quest eventually led me to the work of Burkhard Heim, a German physicist whose multidimensional field theory offered a rigorous mathematical framework for describing the informational structure of the universe (Heim, 1977; Heim, 1981). In Heim's model, higher dimensions encode the patterns that manifest as matter, energy, and consciousness. For the first time, I found a scientific model that could explain not only the physical world, but also the role of information in shaping reality.

But this was not only a theoretical journey. In parallel, I continued exploring how the human being interacts with the Information Field. I studied subtle energy systems—meridians, chakras, and morphogenetic fields—and began to formulate the idea that our physiology is not separate from our emotions, thoughts, and even our environment, but that all these systems are in resonance.

I saw that coherence—both in physics and in life—is the organizing principle that brings order to complexi-

ty. In quantum physics, coherence refers to the phase alignment of wave functions. In biology, it reflects the synchronization of cellular processes. In consciousness, it manifests as clarity, presence, and integration. Coherence is not only a physical phenomenon—it is a signature of health.

I began to ask: what if we could detect when coherence is lost in a person's Information Field? And what if we could restore that coherence by applying the right frequency—one that resonates precisely with the disrupted pattern?

This line of inquiry became the foundation of my later technological developments. But even before any tools existed to explore it practically, the underlying conviction had already taken root: that well-being is closely linked to coherence—and that coherence may be supported through resonance-based approaches within a wellness-oriented context.

The first chapter of my life was research. A search across disciplines, cultures, and worldviews. A search for a science that could account for meaning, and a spirituality that could be grounded in natural law. That search led me not only to understanding, but to responsibility—the responsibility to translate these insights into something practical, something people could use in their own lives.

Out of this realization, the vision of TimeWaver—and eventually Healy—was born.